

Patient Care for All Porcelain Restorations

Congratulations on your new porcelain restorations.

You may experience some sensitivity to hot and cold, when the restorations are initially placed. This should subside over time. If the sensitivity is extreme, or significantly increases, please call the practice.

Please follow these guidelines, so you can enjoy your new crowns for years to come.

Brush and floss the restorations as you would normally maintain your other teeth.

If you have anterior (front) teeth with porcelain restorations, please avoid biting directly into these foods:

apples

carrots etc...

tortilla chips

caramels or sticky or boiled candy

hard or crunchy food of any kind.

This includes **chewing ice**.

Keeping the gum tissue healthy and the teeth free from plaque and tartar is vital to prevent recession of the tissue and further decay of the tooth. It is important to schedule your regular appointments with the Hygienist at the interval suggested by your dentist.

Please call the practice, if there are any questions.