

Post Operative Instruction for Provisional (Temporary) Crown

One or more of your teeth were prepared for a crown/crowns, or a fixed bridge today.

It is very important that the provisional stays intact protecting your teeth.

If the provisional comes off or becomes loose you will need to call the practice for an appointment to have it re-cemented.

You may experience sensitivity to temperature changes, this is normal. If the sensitivity is extreme, please call the practice.

When flossing teeth with provisionals – Pull floss through the contact in between the teeth and pull the floss through the teeth. **Do not pull the floss up as this may loosen or take off the provisional.**

Gentle brushing of this area is recommended

Please avoid these foods:

toffee, muesli,

nuts

tortilla chips

hard candy/chewing gum

pizza carrots celery, corn on the cob, apples

hard or crunchy foods of any kind

Please avoid chewing ice.

If you have provisionals placed on your anterior (front) teeth, either upper or lower, please be cautious when eating anything.

If you have any additional questions, please call the practice at 0-1865 760000.